



TAIPEI EUROPEAN SCHOOL

台北歐洲學校

EUROPEAN SECONDARY CAMPUS NEWSLETTER

Edition 10.0 Friday 18th February 2011

From the Head of British Secondary and High School Section

Welcome

On behalf of all members of the Taipei European School community I would like to welcome 2 new members of staff. Mr Alex Elkins (Mathematics) and Mr Paul Grundy (English) commenced teaching in the British Secondary and High School Section after the Chinese New Year holiday. I welcome them to our school and wish them all the best for a happy and successful time at TES.

Parent Teacher Interviews

All High School parents should have received notification from Ms Sarah Pearson (Assistant Head – Studies) about Parent Teacher Interviews to be held on Wednesday February 23. Classes for all students in the British Secondary and High School will conclude at 12.40pm. on this day. Buses will operate from 1.15pm.

High School Options Information Evening

The High School Options Information Evening will occur on Tuesday March 1. This event is open to all students and parents. Information will be provided about the IGCSE and the IB Diploma. Parents of H2 and Year 9 are particularly encouraged to attend.

Music Night

It was great pleasure to attend last Friday night's Music Concert. The quality of the music was exceptional and congratulations to all the students who performed. Thank you to Mr Chris Papps and Ms Fritha Jameson who helped prepare the students and organise the event. Thanks also the ESC PA who organised food and refreshments for the evening.

**Warm regards,
Stuart Glascott**

SCHOOL WEBSITE: www.taipeieuropeanschool.com



Deutsche Sektion



British Section



Section Française



TES High School

CONTACT: Taipei European School, Swire European Secondary Campus, 31 Jian Ye Road, Shihlin, Taipei 11193
Telephone: +886 2 8145-9007

From the Assistant Head – Student Welfare

Firstly, a very warm welcome to Mr. Paul Grundy (Year 7 Form Teacher) and Mr. Alex Elkins (Year 8 Form Teacher) who join us this term. On Friday 25th February from 1 to 5pm Ms. Papps and I will be working with our Peer Mentors, Student Council and House Leaders through our Peer Leadership training programme. Students invited to attend have been notified and we hope to provide further opportunities for training in Term 3. This week planning for '**Personal Development and Enrichment Week**', **June 20th to 24th** is underway and in this newsletter you will discover more about the outward bound camps that we are organising. We are aiming for 100% attendance for Year 7 and H1 and we anticipate a popular response to the Year 8 and Year 9 camps where numbers are restricted. Further information regarding these camps including costs will be sent home next week. In the past few weeks we have been filming PSHCE lessons with a view to sharing good practice, this will continue into Term 3. So far we have been very pleased with work underway and you will certainly see some great examples in this newsletter. Our third Service Project is also in motion and we are really looking forward to how the H1 students demonstrate their leadership and team skills through their work with Harmony Home this term.

YEAR 7 PSHCE

In a couple of weeks the Year 7s are due to start a new topic. They are going to be learning about World Religions and as part of this unit of work we will be taking the Year 7s to The Museum of World Religions in Taipei. This trip will be taking place on the afternoon of Wednesday 16th March 2011 and will be a fantastic opportunity for the students to learn more about the various religions throughout the world and take part in some interactive activities the museum has to offer. More information about this trip will be sent home shortly.

Joanna Crimmins
Head of Transition and Year 7

YEAR 8 and 9 PSHCE

Year 8- Diversity

The Year 8 students have just completed their unit of work on diversity. The course was lead by Ms Gaudin. Each class was required to produce a presentation to represent 'Diversity at TES'. It was a competition between the form groups with the winners receiving i-points and a bottle of wine for their tutor! Mr. Woodall judged the competition and was amazed by the quality of the work. This was also echoed by Mr. Elkins (new Year 8 Tutor replacing Ms Chang) who has recently arrived from the UK. He said that in his time working in the UK he had never seen a PSHCE presentation of that quality, let alone three presentations in one lesson! The video portions of these presentations have been playing during break time in the Phase 1 atrium this week.

DO YOU BELIVE IN SPIRITS?

This week the Year 8's were asked many questions regarding religion and spirituality. Following on from diversity they are now looking at an aspect of religion. With our diverse student population we are so fortunate to have so many religions/beliefs represented.

Mr. Woodall questioned the students on their views of religion.

For example:

What does religion mean to you?

Are you religious?

Why do you follow your particular religion?

Do you celebrate Christmas even though you follow a different religion?

Are religions different or just different interpretations of the same thing?

Students discussed these questions in small groups and fed back their idea to the whole of the Year Group. Mr. Woodall then shared some personal stories and asked if any students have had religious/spiritual experiences. Students exchanged stories with the final topic being spirits and views on death. Is there life after death? Do we go to a heaven? Do we get reincarnated as another human? Do we come back as an animal? Is death just the end? It was very interesting to hear the different views held by our students. With students from all over the world there were some very interesting and thought provoking discussions. The students should be commended for being so open with their views as well as being extremely respectful and understanding of other people's views.

This all leads into a very interesting project held in combination with the Art Department. Mr. Buckingham has worked extremely hard to develop a 3 week unit of work. The students will be producing work related to death and their own perceptions of this topic. This is a very exciting, innovative and interesting project and we are really excited to see what is produced by the Year 8's. If the diversity presentations are a benchmark then I think we will be very impressed by the end result.



Year 9 - Body Image

The Year 9 students are busy completing a video on their current topic of Body Image. Their challenge is to create a 3 minute educational presentation on this extremely important topic. They have 2 weeks to complete this project and are working very hard to be as creative and informative as possible. We look forward to seeing what is produced. I am sure the standard will be very high.

James Woodall. Head of Year 8 and 9

H1 and H2 PSHCE

H1 Service Project 2011: Harmony Home

This week the H1s began their PSHCE Service Project. We will be working with **Harmony Home**, a local non-profit organization who are committed to providing shelter and support for adults and children infected or affected by HIV/AIDS. Over the past few years we have worked closely with Harmony Home and look forward to continuing this relationship through this year's Service Project.



The purpose of the H1 Service Project is to give students a pre-CAS (Creativity, Action, Service) volunteering experience, whilst building important links within the local community. Over the next five weeks, during PSHCE lessons students will work as part of one of five organisational committees: Awareness, Action, Media, Treasury and Fundraising. Each Committee is led by two Co-Chairs, a Vice Chair and a Secretary. Students were required to apply for a committee and any leadership positions they were interested in. Every H1 student will have the opportunity to contribute and develop their individual skills during the coming weeks. While fundraising is an important element of our project our focus will be on raising awareness about HIV/AIDS in Taiwan, ending misconceptions about HIV/AIDS, and working with the children at Harmony Home.

Currently there are twenty-seven children living in the Harmony Home shelter. All of the children have been affected by HIV/AIDS in their families, and a small percentage are HIV positive themselves. Many of the children have been abandoned by their parents, and some have been orphaned because of this terrible disease. The majority, however, are living in the shelter because their parents are struggling with HIV/AIDS and are unable to care for them. As more and more new cases continue to come to Harmony Home their challenge is to find a larger facility and staff it with enough volunteers. In order to accomplish this, Harmony Home are working towards gaining 'Foundation Status' from the Taiwanese government. We hope to contribute to this effort through fundraising.

Last week the H1s listened to a talk from Dr. Chris Merkelbach, a long-term volunteer with Harmony Home. He spoke about the growing HIV/AIDS problem in Taiwan. He then discussed the work that Harmony Home do within Taiwan, and their efforts to expand their work into mainland China. Chris really inspired the students to make a difference in their community. In the coming weeks, as the H1 students develop their Service Project we will keep you posted on both their challenges and accomplishments. If you would like to



support or contribute in any way to the Harmony Home H1 Service Project 2011 then please contact Ms. Papps via email at: sonya.papps@tes.tp.edu.tw .

Thank you for your support!

H2 Mock Examinations and Reports

I would like to congratulate the H2 Year Group on their very good mock examination results. It is clear that most students are working very hard to achieve to the best of their ability. However, the final IGCSE examinations are quickly approaching and each H2 student has specific targets that should be their focus in the coming months. Over the next week subject teachers will meet with students individually to discuss their targets. It is important that the H2 students clearly understand the areas that they can/need to develop ahead of their final examinations. I encourage all H2s to put their best effort into their final pieces of coursework, to continue revising, and to take care of their physical and emotional health as they enter the final (and often stressful), weeks of IGCSE.

H2 Indigenous Peoples World Bank Challenge

This week in PSHCE H2 students presented their Indigenous Peoples World Bank Challenge proposals. A few weeks ago students were given the following scenario:

“The World Bank is deciding the conditions of a \$50 million (US) dollar, interest-free loan to Brazil to help alleviate poverty among indigenous groups in the country. The loan can be given directly to either:

- a. the Brazilian government***
- b. local non-profit organizations which are concerned with the rights of Indigenous peoples***
- c. industries to develop jobs and stimulate the local economies of indigenous groups (ie logging and mining companies)”***



Each class were split into three teams representing the interests of three groups:

Team 1: Representatives of the indigenous tribes of Brazil (non-profit organisations, indigenous advocates)

Team 2: The government of Brazil

Team 3: A coalition of representatives of the Extractive Industries (for example logging and mining companies)

Each team had the challenge of devising a formal proposal designed to convince the World Bank to give them the loan.

Each proposal included the following:

- Introduction
- Budget
- Three-year plan to use the funds. The proposals had to describe how the funds would be dispersed during each year of the loan.
- Sustainability: Plan to raise money and pay back the loan within a 15-year period.
- Conclusion

The proposals also had to address these issues:

- A plan to protect Brazil's environment
- A plan to address the needs of indigenous communities in Brazil (health care, education, social services, etc.)
- A plan to strengthen the economies of indigenous groups (who would benefit from the plan and how would that help the economy as a whole?)
- Support: How to get the general Brazilian population to support the plan. Methods for measuring that support
- Corruption: Strategies for ensuring the funds reach the intended recipients



Overall the presentations were excellent. It was great to see the students apply concepts and themes we have been exploring in our PSHCE Global Perspectives topic: **Indigenous Peoples**. Each class voted for the best proposal and the winners will be announced later this week. We will hold a pizza lunch for the winning team from each Form Class next week. Well done H2!

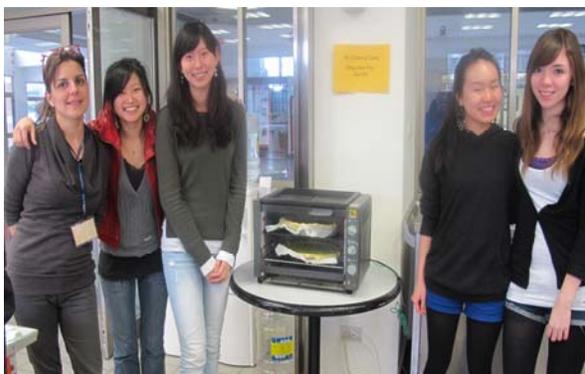
Sonya Papps
Head of Year, H1 and H2

H3 and H4 PSHCE

H4 Examination Preparation and PSHCE

With around 11 weeks remaining until the final IB examinations H4 students should be lifting their efforts even higher in order to achieve the results of which they are capable. In recent reports teachers have provided excellent feedback and clear targets for improvement and students have also set their own pastoral targets aimed at further improving their performance and ensuring that they stay healthy and focused over the coming weeks. I would promote everyone in the year group to take the advice they have received from Mr. Winter on time management, from Ms Brock on effective revision strategies, from Ms Thompson and our Counselor Ms Hsu regarding stress relief and from Mr. Redden and myself regarding examination procedures and their general well-being in this very busy time. Most importantly students need to develop a well-structures revision timetable which will break up what could be seen as a daunting task into manageable chunks.

H4 and members of the H4 Year Team share their culinary skills in preparation for next year.



For something completely different our H4 students spent this week's PSHCE lesson developing an awareness of one of the most important tasks facing them in the near future when they are fending for themselves away from home. With the help of members of the H4 team students formed groups and prepared a simple and healthy meal. With advice passed on by their teachers students prepared and cooked their ingredients producing pasta dishes, salads, quiches and healthy burgers. I encourage students to get out into the kitchen at home and further develop their skills.



H3 PSHCE

Our H3 students have also taken part in a varied PSHCE programme over the last few months. They have set pastoral targets for the next term, reviewed their CAS programme and set targets for the further development of their portfolios and they have been provided with practical advice and increased their awareness of alcohol issues. Mr. Winter ran an excellent session on time management strategies. Ms. Thompson and Ms. Jenny Hsu designed two sessions addressing the causes of stress and how stress can be reduced. With life beyond school in mind the next few weeks focus on personal safety and self-defense and investigating higher education options.

Tabitha Cambodia

Our H3, and some H4, students have continued to work hard raising money and awareness for our service project Tabitha Cambodia. One group is organising the Walk to Cambodia project where students raise sponsors and take part in lunchtime walks with the aim of cumulatively walking the distance from Taiwan to Cambodia. We hope that students from all year groups to get involved. Our Corporate Sponsorship group has been working very hard to liaise with businesses in our community to raise the money we need to support this very worthy charity. Our Promotions Group have been raising awareness of the project through the production of information pamphlets and posters as well as raising money themselves through a pre-Chinese New Year Hong Bao activity. A very enthusiastic group of H3 and H4 students led by Ahmad Tata ran another highly successful Key Stage 2 disco, enjoyed by all. Our food selling group have been busy selling food at morning breaks and braved the bitter cold at our recent Under 14 TES Football Tournament. Not only have these students raised money for this great cause they have learned new skills and challenged themselves, equally important aspects of our CAS programme.

'Personal Development and Enrichment Week' (PDE) June 2011

Camp Taiwan Residential Camps



The aim of this residential is to support our students' personal development, their practical and social skills and provide physical challenges which allow students to demonstrate resilience and independence. The staff at Camp Taiwan are all certified instructors and the safety and wellbeing of students is a priority. We are very please with the feedback we received from Camp Taiwan staff that our students were fantastic last year, but of course we know this!

Year 7

We are in collaboration with Camp Taiwan to further develop the Science activities we included last year in the Yr 7 programme and intend to introduce aspects of the Geography curriculum to consolidate and extend these areas of the curriculum through the residential. The 3-day/2night programme will be looking to develop the personal skills of communication, team work and inclusion as well as an appreciation and greater understanding of our environment. This camp will be different to the programme for the Year 5 residential that some students will have participated in. The activities will include Kayaking, Climbing, Survival Skills/Cooking, Archery, Communication/Trust and Cooperation activities.



H1

Students will take part in River Tracing, Orienteering, Climbing, Catwalk, Cooperative Ladder, and peer, trust and communication activities. In addition this year we are including further leadership opportunities and experiences which will help to prepare students for the International Award and build relationships with our younger Year 7 students.

H1 **Monday 20th to Wednesday 22nd June**
Year 7 **Wednesday 22nd June to Friday 24th June**

Joanna Crimmins, Sonya Papps, Rachel Harris

Year 8 and 9 Residential Camps



I am thrilled to announce that the Year 8 and Year 9 students will have the opportunity to participate in an 'Outward Bound' Outdoor Education course during PDE week. For the past 2 years TES students have participated in the Outward Bound courses and had an amazing time. The courses are designed to challenge the students mentally and physically as well as taking them out of their world full of technology and comfort and test them. It is a real 'character building' experience.

The Year 8 students will go for 2 nights, 3 days to the Taoyuen Outward Bound centre where they will participate in Orienteering, Team Building, River Tracing and High Ropes.

The Year 9 students will travel to Hualien for 4 days and 3 nights and will do Raft Building, Orienteering, High Ropes and River Tracing. This course is designed to push the students even more than the previous year with more challenging activities.

Both groups will sleep in tents and will be required to prepare their own food in teams during the course. It is a fantastic experience and a real challenge.

Year 8 trip 19th – 21st June (SUN-TUE)
Year 9 trip 22nd - 25th June (WED-SAT)

Costings, application forms and payment details will be sent out next week. There is a cap of approximately 50 students per course and it will be a 'first come - first served' sign up system. A presentation will also be given to students so they are clear on the details of the course and can visualise the challenges and amazing fun that they will have. I am sure that as with previous years these two courses will be completely full.

James Woodall
Head of Year 8 and 9

STUDENT COUNCIL UPDATE

THE EVENTS COMMITTEE

The Events committee has had a very good start to Term 2. After the Christmas disco the committee had a little breather and focused on smaller scale events. With Valentines Day approaching, the Events committee was selling roses, which the students could buy and send to their friends. The students were not the only ones eager to buy roses but also the teachers proved to be very enthusiastic customers. The transition was very smooth and the committee members showed commitment and motivation. Currently Events is discussing a Fashion Week, which would be scheduled for the last week of Term 2. This would give students a time to express their style and have some fun before the exams start rolling in. Watch this space...

In addition, the Events committee is working towards the Community Lunch to be held on the 11th of March, where the local community in the Yangmingshan area is invited to our school to talk to and enjoy a meal and entertainment with students. This year we will be sharing some of our Service Project work with our visitors to show how we are working with different communities in Taipei and Taiwan.

CENTRAL COMMITTEE

With the beginning of a new term, the Central Committee has been devoted to keeping students' tummies from rumbling! From egg pancakes to pizza, the Central Committee has been providing the TES student body with delicious food at least twice a week. You may be wondering what the Central Committee has been doing with the profit from these food sales. Since the beginning of the last term, we have been making many improvements around the school. In order to solve the problem of the long queues for the microwaves in our crowded cafeteria, we have arranged for the purchase of new microwaves, which arrived this week. Moreover, we are working on providing extension cords to enable increased laptop usage in the study areas as well as providing cups for the water machines. Our new project for this term is to start selling more wholesome and nutritious food, such as sandwiches or cereal bars, in order to improve the health of the student body.

THE SERVICE COMMITTEE

The past few weeks the Service Committee has been working on ideas for future Service Projects that the committee can work on. We have decided as a committee to work on the project "SOS Children's Village" which is an orphanage based in Taoyuan. We are planning to visit them in the near future and meanwhile we have been raising money for them through selling food at lunch time. Another project that we have worked on is the Valentines Day roses and we helped to wrap them and organize them into form classes. Lastly, we have been talking about future fundraising ideas such as donating clothes for the children.

Rachel Harris
Assistant Head of Secondary (Student Welfare)

From the Assistant Head – Studies

Dear Parents,

Following the High School reports, the students in H1 to H4 have been issued with their second target setting sheet of the year. Over the next few weeks, teachers are reviewing the targets set in October and discussing the new targets with their students. You will have seen the targets on the academic reports issued earlier this term. The teachers will discuss your child's academic targets with them and sign the target setting sheet to indicate that this has taken place. Please ensure that you spend some time discussing the targets with your child and asking them what steps they intend to take in order to reach their target. Please then sign the target sheet in the appropriate places. These targets will be reviewed and commented upon in the end of year reports issued in June for H1 and H3 students. For H2 and H4 students, it is very important that students respond to their targets in the lead up to their final examinations which begin in May. Parents of Key Stage Three students are also encouraged to review and discuss the targets set at the end of Term 1 with their children.

Parent-teacher interviews for High School students take place next Wednesday, 23 February, from 1.30pm until 7.00pm. Information regarding the interviews has been sent to High School parents by email. Please contact the school office if you have not received this information so that your contact details can be changed.

On 1 March we will be holding an Options Information Evening. The purpose of the evening is to provide students and parents with information about the High School curriculum programmes for IGCSE and IB, subjects to choose from in these programmes and pathways to University and College education after graduation from the High School. Current Year 9 and H2 students are the main audience for the evening but parents of students from other year groups are most welcome to attend this evening as well.

Warm regards,

Sarah Pearson
Assistant Head of Secondary (Studies)
Email: sarah.pearson@tes.tp.edu.tw

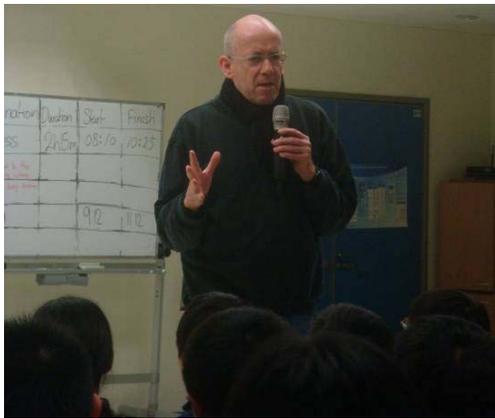
News from the English Department

Morris Gleitzman at the ESC

Key Stage 3 students were extremely lucky this week to listen to one of many young people's literary heroes, Australian author Morris Gleitzman. He was visiting Taipei as he was taking part in the International Book Fair but still found time in his busy schedule to speak to his fans at our school.



Morris Gleitzman is well-known to our students. As a prolific writer of children's fiction, he has been studied by a number of our students as class readers at Key Stage 2 and many know him from their wide reading activities at Key Stage 3. Gleitzman, author of well-known novels such as *Two Weeks with the Queen*, *Misery Guts*, *Blabber Mouth*, *Doubting Thomas* and *Bumface*,



talked to students about adapting texts for other purposes (he is currently adapting his *Toad* series for the screen in Hollywood), his process of writing and where he gets his inspiration.

He also spoke to students about this year's inaugural FOBISSEA Short Story Writing Competition topic, 'Home'. This follows on from students' work in PSHCE on Identity and the activities they took part in on International Day of Tolerance. He gave us some insight into what he understands by words like 'home' and 'identity' and what they mean to some of his characters. I will pass on more details about the short

story competition as we approach Book Week, but students can start gathering ideas for their entry, which could see them published.

Darren Latchford
Head of English

News from the Chinese Department

CNY Celebration

It was a great pleasure that this year we had the Ten Drum Art Percussion Group coming to TES to celebrate the Chinese New Year with us. The Ten Drum Percussion Group performed at the opening ceremony for 2010 Taipei International Flora Expo and the Ten Drum Art Percussion Group was also nominated at the 52nd Grammy Awards for Best Traditional World Music Album in year 2010. In addition, Diabolo and Rope Jumping young players from Hong Dow Junior High School also performed during the celebration. Our students also enjoyed the opportunity to take part in some of the activities with the young artists after the show.

Chinese Dumpling making was another highlight of the day. Students and staff enjoyed the unique flavors of Chinese Dumplings hand-made by our KS3 students.

We'd like to take this opportunity to wish you and the whole family a very happy and fruitful Chinese New Year of Rabbit!



Flora Sung
Head of Chinese Language and Culture

Sarah Pearson
Assistant Head of Secondary (Studies)
Email: sarah.pearson@tes.tp.edu.tw

From the Assistant Head - IB

When I taught at an IB school in Singapore the physics teacher I worked with brought me back a t-shirt from a conference he had just attended that had the slogan 'I Think Therefore IB' written on it. I think this slogan really sums up how integral the TOK course is to both the IB Diploma and to our students development as lifelong learners.

The TOK presentations just before the Easter holiday will be a major focus for our H4 students. This will be a chance for them to show how their critical thinking skills have developed over the last two years and how they can apply what they have learnt. The presentation needs to be based a real world issue that is of interest to the student. As part of the TOK assessment team I always look forward to learning something new myself from our students' fascinating presentations. The H3 students have also been preparing their first TOK presentation as they now have started to get into the TOK mindset themselves.



The upcoming parent-teacher conference (Wednesday 23 February 2011) will be the last opportunity for H4 parents to talk their child's teachers before they sit for their final examinations in May 2011. I would also encourage H3 parents to make an appointment as well so they can help their child achieve the targets they have been set.

The Options Evening on the 1 March 2011 is an event when the IB Diploma and IB Certificate courses will be explained to prospective parents and students. There will also be chance to ask IB related questions to not only me, but also to the Heads of Departments and Subject Coordinators.

UCC Update

It is currently a busy time for the UCC service at TES. Here are some of the recent events and initiatives:

Futurewise Reviews

These occurred last week for the H2 and some H3 students who undertook the psychometric testing in October. Mr. and Mrs. Broadbent conducted detailed analyses based on each student's resulting career profile. Feedback from students has been encouraging with positive comments about the quality of their guidance.

H3 Interviews

Beginning next week, all H3 students will be individually interviewed by me as an initial part of the preparation for applying to universities and colleges. General intentions and destinations for higher education will be discussed. This will lead to whole group sessions regarding the application process, and writing college essays and personal statements, later in the year. By September when the real process begins students should be well prepared; individual

research is a must from now on as well. Students are asked to attend the above interviews with their Personal Portfolios.

Careers Evening 2011

As in 2009, the biennial Careers Evening was well attended by presenters and students. Some twenty-five presenters from a variety of professional backgrounds occupied the multi-purpose room in the Phase 2 building, nine of whom gave more formal presentations in nearby classrooms. Feedback has been very positive with enthusiastic students from all levels remarking favourably on the guidance and advice given.

TES would like to thank all those presenters who gave their time and energy to sharing their expertise in their career fields last Tuesday evening, February 8th.



A busy scene at the TES Careers Evening

Mr. Jurgen Klemm in deep discussion with an attentive audience

Graham Bean
University and Careers Counsellor

Stewart Redden
Assistant Head (IB)

From the Head of EAL

Parents of EAL Students . Afternoon Workshop.

We would like to invite all parents of children on our TES Secondary EAL programme to come to the school on Friday 4th March from 2.00 -3.00pm to meet in the Multi Purpose Room in Phase 2.

Teachers from the EAL department will present an overview of how our EAL programme works and ways parents can help their children in their learning at TES.

Parents and teachers will share ideas on helping our students new to learning in English.

We hope as many parents as possible will be able to join us for this important workshop.

Bronwyn Thompson
Head of EAL Department (English as an Additional Language)

TES JV Girls' Basketball: CHAMPIONS 2011



On behalf of the JV basketball team, I'd like to thank our coach, AJ, for his constant hard work, patience and tireless effort to make our basketball team such a success this year. Through all of our training sessions, practice games and in his own time, AJ has taught us all to work together, help each other and to respect one another.

Saturday 15th January was our first basketball tournament of the season, which TES hosted.

After a tough and tiring day for all of us, AJ coached the TES JV girls' Basketball team to our first ever championship! The results of the day were: **Champions – TES**; **Runners-Up – MAT**; **3rd Place – KAS**; **4th Place – ICA**; **5th Place – DIS**; **6th Place – GCA**.



The following Saturday was our second and final basketball tournament of the season, hosted by TAS. We had an early start and were on as the first game against TAS. After having played for the JV team last year, and losing to the TAS girls in the finals, it was clear to us all that we were going to be in for a very tough match.

A tense and exciting victory over TAS: we were trailing all the way until the last quarter, where we caught up, overtook, tied again in the last minute, and then finished the game leading by one point, thanks to Caroline's winning shot. We were all so elated at beating TAS (especially Jennifer) but we knew we'd still have to play Bethany – the best team yet.

Bethany seemed less intimidating than in previous years, but AJ reassured us all that in fact we'd improved a lot, thanks to himself spurring us on and encouraging us all the time (no he didn't quite say that!, but we all felt it and believed that together we really could be the champions, at TAS, for the second time in a week).

Well, AJ certainly kept his word: we beat Bethany in the final with a relatively comfortable 44-34 victory! The results of the day were: **Champions – TES**; **Runners-Up – Bethany**; **3rd Place – TAS**; **4th Place – DIS**.

After a fun and enjoyable final fortnight of training sessions, practice matches and tournaments, once again, I'd like to thank everyone on the basketball team: Ayumi, Beatrice, Candy, Caroline, Christine, Ellen, Fabi, Fiona, Jennifer, Katerina, Michelle, Nastassja, Tatiana and Tiffany. I'd also like to thank Mr. Ed for organising all the games, events and tournaments and *especially* our coach AJ for making this year a great success and so exciting from start to finish!!!



NUMBER ONE !

Back Row: AJ Li (Coach), Fabiana Cusati, Tatiana Ostrowski, Caroline Noël, Candy Lo, Nastassja Kervarech, Christine Shih, Ellen Bloor.

Front Row: Ayumi Kikuchi, Emily Daykin, Beatrice Kern, Katerina Lai, Jennifer Fang, Fiona Lee, Tiffany Wang.

Absent from photo: Michelle Rao.

U/14 Football

Last Saturday at 4.15pm it was clear: TES had won the U-14 Football Trophy – the first time since 2005! Who does not remember the glorious days of magic players like Pascal – probably the best footballer this school has ever seen. But this is loooong ago. Since then the International Team won our tournament three times, the Japanese School and the American School once each.

Since this year our boys are back on track. The midfield engine, *Modou*, is nearly impossible to stop, captain and main defender *John* nearly impossible to pass and striker *Peter* scores goals like other people collect stamps. This magic axe is backed up by *Felix*, *BK* and *Jensen*, with *Henry* dribbling the ball easily down the line. Just a very good team this year!

It all started with a game against the second team of TAS in which our boys would have probably killed everyone and won 7-0. Then they beat Dominican School 3-0 and finally our U-13 FOBISSEA Team by 4-0. The last game against the Japanese School was a nail biter and could have certainly gone either way, but again TES proved to be a little stronger: 1-0 and the Trophy was back to TES! Well done, boys!



Left: Henry passes the ball nicely from the right.
Up: Modou was certainly the “man of the match”!

Leighton Edwards
Head of Secondary Physical Education and Sport

From the Library

Dear students and parents,

Do you notice that the library has created a <Language Readers> shelf in the Phase 2 library? *Le Petit Nicolas* and many other interesting French, German and Spanish stories are waiting to be read here! Apart from that, we also subscribe to magazines that cover the traditional, the fresh and the unusual from a teenage perspective for our Spanish and French language learners. Want to improve your Spanish/French? Comprehensive reading is the key! Come to check out our quality collection!

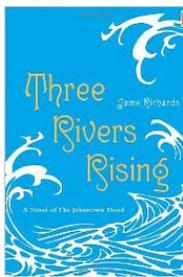
Happy reading!!

Angela Chang
Chief Librarian



Librarians' Recommendations

Three Rivers Rising / Jame Richards



Sixteen-Year-Old Celstia spends every summer with her family at the elite resort at Lake Conemaugh, a shimmering Allegheny Mountain reservoir held in place by an earthen dam. Tired of the society crowd, Celestia prefers to swim and fish with Peter, the hotel's hired boy. It's a friendship she must keep secret, and when companionship turns to romance, it's a love that could get Celestia disowned. These affairs of the heart become all the more wrenching on a single, tragic day in May, 1889. After days of heavy rain, the dam fails, unleashing 20 million tons of water onto Johnstown, Pennsylvania, in the valley below. The town where Peter lives with his father. The town where Celestia has just arrived to join him. This searing novel in poems explores

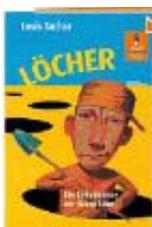
a cross-class romance—and a tragic event in U. S. history

Notre petite vie cernée de rêves / Barbara Wersba

« Je devrais commencer cette histoire en précisant qu'il y a un mois dans un triste état. A tel point que ma mère voulait m'envoyer chez un psychiatre, mais elle a renoncé en découvrant que ça lui coûterait vingt-cinq dollars toute façon, ça n'aurait servi à rien, le psychiatre, car le problème ne se situe pas dans ma tête. Il se situe dans mon âme. C'est un mot ringard, je sais, mais dont il s'agit...et jusqu'à ce que je rencontre Mme Woodfin, la mienne belle à voir. »



encore, j'étais psychiatre, de l'heure...De situe pas dans c'est de ça n'était pas



Löcher: Die Geheimnisse von Green Lake / Louis Sachar

Der etwa elfjährige Stanley hat nicht viel zu lachen: Immer wieder ist er zur falschen Zeit am falschen Ort. Dieses Problem kannte auch schon sein Großvater und dessen Vater. Ist das einfach nur Pech, oder liegt eine Art Fluch über der Familie? Als Stanley mal wieder am falschen Ort ist, wird er wegen eines Diebstahls verhaftet, den er gar nicht begangen hat, und landet im Erziehungslager Green Lake in der texanischen Wüste. Auch wenn es zunächst nicht danach aussieht: Dort ist er endlich am richtigen Ort, denn über Green Lake liegen Schatten aus der Vergangenheit, die auf seltsame Weise mit Stanleys Familiengeschichte verknüpft sind. Niemand anderes als der dicke, oft gehänselte Stanley wird die Geheimnisse von Green Lake aufdecken, wobei Zwiebeln, Schweißfüße, Pflirsche und natürlich Löcher eine entscheidende Rolle spielen

It's Better to Talk It's Better to Talk

February 2011

COUNSELLING WORLD

Inability to Make Decisions

By DR. MARIE HARTWELL-WALKER

Client:

For as long as I can remember I have been backwards when it come to sleep. Since I was 8 yrs old I stay up until 3A-6A and then sleep during the day. When I was younger I was forced to go to school but during high school I was allowed to do whatever, so I worked in the evening and then stayed up at night.

I eventually dropped out of high school my senior year and since then I have been unable to complete anything I start. I have been bouncing from job to job and in 3 years I have gone to 4 different colleges, 2 different community colleges and 2 online schools. All of which I stayed for a semester or 2 and then decided I didn't want to be that. I've gone from nurse to teacher and am now contemplating EMT. I have done nothing but waste time and money. I am afraid now that time is passing me by and that I am doomed to just float through life with no sense of purpose. When I was 14 I tried to commit suicide and was hospitalized for 30 days I was then diagnosed with major depressive disorder and double depression as well as bipolar.

Mental health disorders run in my family as well as alcohol and substance abuse. I was on meds for a while afterwards but haven't been on anything in a long time. I have had few different therapists but never felt like anything was being accomplished. I just feel lost and I still don't sleep at night. I am married and my husband is great and we have a healthy relationship. I know how to help everyone around me with their problems and lives. I play a big role in my younger sister and younger cousins lives but I can't seem to help myself.

Psychologist & Counsellor

The first thing the client needs to do is to get a sleep study. Regular sleep is essential for normal nervous system function and for good general health. Without regular sleep, people often become depressed and sometimes even show symptoms that look like psychosis -

- Delusions
- Hallucinations
- Disorganized thinking
- Agitation
- Lack of drive or initiative
- Social withdrawal
- Apathy
- Emotional unresponsiveness

It's not unusual for a person with a sleep disorder to be unable to make decisions or to follow through on goals. It may well be that the sleep disorder is the root of all other problems. At least find out. Ask the doctor for a referral to a sleep study clinic and take their suggestions very seriously.

The client seems like an intelligent person who has great problem-solving skills and compassion for others. It's important that the client puts those attributes to work for self.

Extra comments

However, family mental health history, alcohol and substance abuse need to be explored further. Ongoing therapy and the support from family and friends might be helpful according to needs and suggestions from the doctors.